

## Weekend Centering Prayer Retreat, April 20-22, 2012

"Deepening Your Spiritual Journey: Centering Prayer and the Unloading of the Unconscious"

With Fr. Carl J. Arico

*Center for Spiritual Development, Orange, CA*

This retreat will provide an opportunity to deepen your practice of Centering Prayer in an atmosphere of profound silence and community support. The prayer is supported with presentations by Fr. Carl, a Diocesan priest for the Archdiocese of Newark, NJ, and since 1987 he has been full time with Contemplative Outreach serving as Vice President, Service team leader for the Gift Committee charged with maintaining the works of Fr. Thomas Keating and a monthly contributor to the CLP e-news bulletin.

Fr. Carl is the author of [A Taste of Silence-Centering Prayer and the Contemplative Journey](#). He is also an international speaker, retreat director and continues to share his wisdom on how to live out the contemplative life in a down to earth practical manner.

Marie Howard, Regional Representative for the Pacific/West Coast Region and experienced retreat staff leader will be a member of the retreat staff and registrar for this retreat.

*\*\*Retreat begins Friday 7:30 PM and concludes Sunday 4:00 PM.\*\**

Cost: \$265.00 Single room with private bath (only 8 rooms available)

\$240.00 Single room with community bath (11 rooms available)

“ \$220.00 Double room with community bath (20 rooms available)

Checks payable to: Contemplative Outreach South Bay and include with registration.

Registration: Marie Howard, 835 Hopkins Way, Apt. 205, Redondo Beach, CA 90277

Information/Questions: Email: [MRHfamlife@aol.com](mailto:MRHfamlife@aol.com) or call Marie at: 424-206-1224.

More information, including directions will be sent in March. Early registrations are advised to be assured of a space. Payment in full due with registration.

Sponsored by: Pacific Coast/West Region of Contemplative Outreach